

# Gravitational time dilation & free fall; Thomas precession

## Outline:

- Ocean waves vs. de Broglie waves:
- gravitational time dilation explains the free fall
- motion along geodesics follows; not postulated

Gravitational time dilation, free fall, and matter waves

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- Thomas precession: the fate of the angular momentum

**12th Bolyai-Gauss-Lobachevsky Conference, Budapest**

Andrzej Czarnecki



University of Alberta

May 1, 2024

# Part 1/2: Time dilation and free fall

Explanation why world-lines follow geodesics  
(as mentioned in talks  
by Francisco Lobo and Tiberiu Harko  
this morning)

# Gravitational time dilation



$$\Delta t = \frac{gh}{c^2}t$$

h

Example: a weekend trip from Seattle to Mount Rainier,  
t = 40 hours, elevation h = 1340 metres,

$$\Delta t = \frac{gh}{c^2}t = \frac{9.8 \cdot 1340}{9 \cdot 10^{16}} 40 \cdot 3600 \text{ s} = 21 \text{ ns.}$$



For h = 1 cm,  $\Delta t/t = 10^{-18}$

This tiny difference of time flow makes things fall!

# How does this tiny difference cause falling?

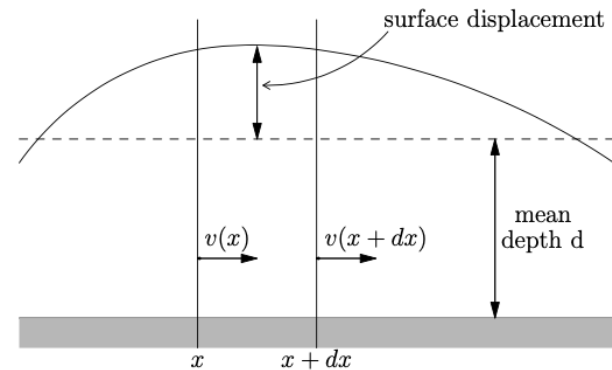
Matter waves evolve faster at a higher elevation.

Intuitive example: ocean waves; why do they always approach the beach?

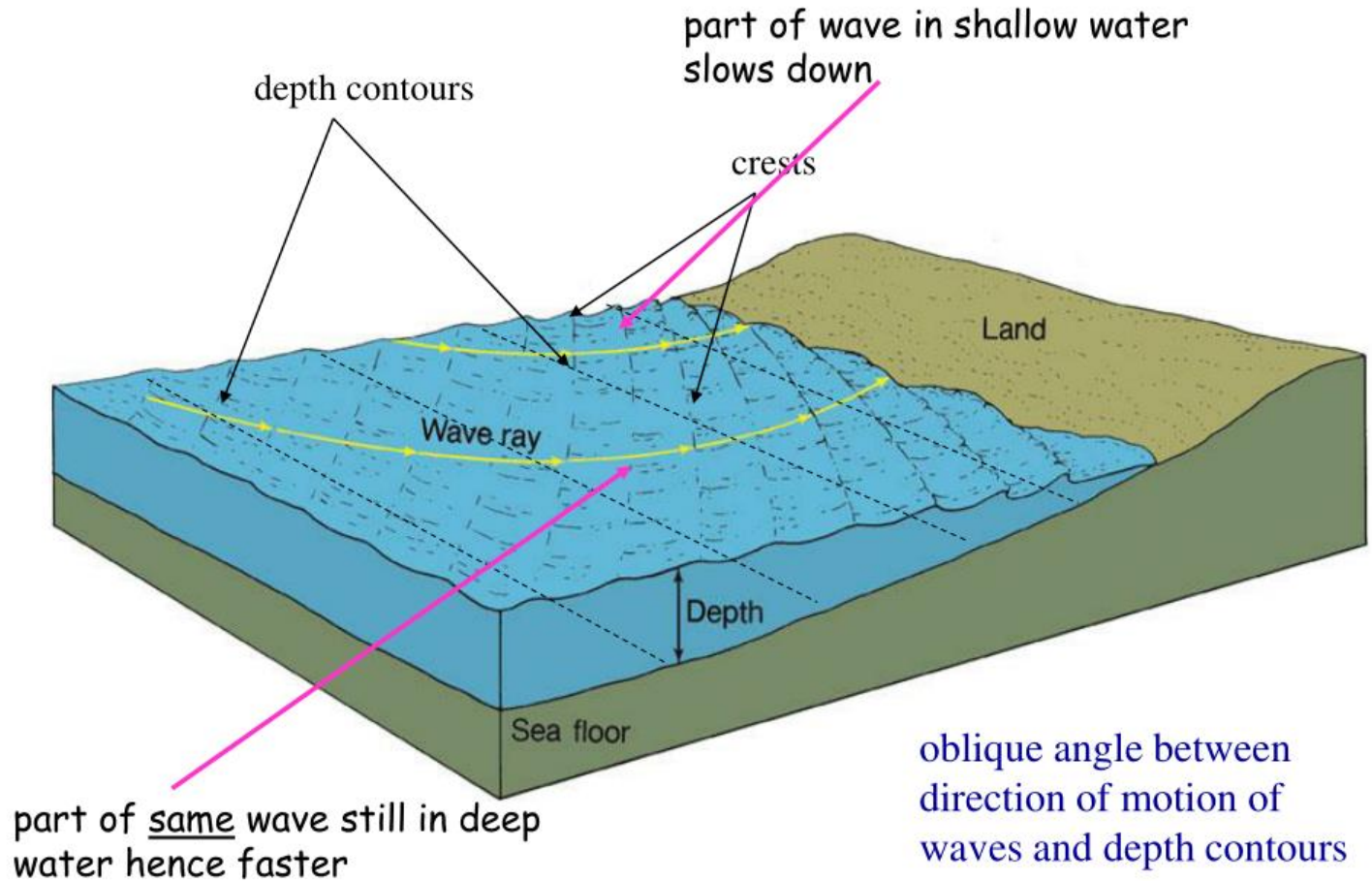


Reason: waves are slower in shallower water,

$$gd \frac{\partial^2 \zeta}{\partial x^2} = \frac{\partial^2 \zeta}{\partial t^2}$$
$$u = \sqrt{gd}$$



# Wave Refraction - slowing and bending of waves as they approach shore at an angle



# What does this mean for matter waves?

Consider a free particle traveling **vertically**: a plane wave

$$\psi = \exp \frac{ipz - i\sqrt{m^2c^4 + p^2c^2}t}{\hbar}$$
$$\simeq \exp \frac{1}{\hbar} \left( ipz - imc^2t - i\frac{p^2}{2m}t \right)$$

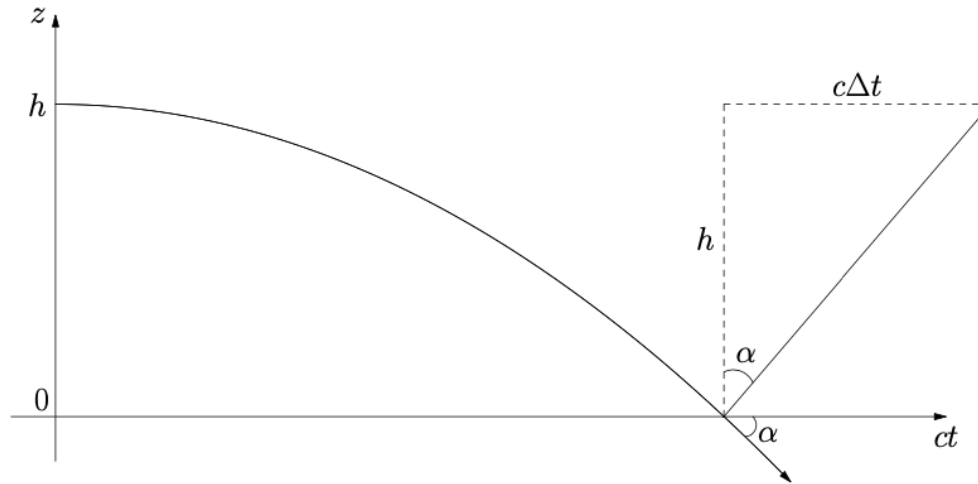
we usually neglect this term: an overall phase,  
independent of particle's motion;

but **near the earth**, time  $t$  has a slight  $z$ -dependence

$$\psi \simeq \exp \frac{1}{\hbar} \left( i(p - mgt)z - imc^2t - i\frac{p^2}{2m}t \right) \quad t \rightarrow t \left( 1 + \frac{gz}{c^2} \right)$$

this is just the free-fall evolution of momentum

# Phase of matter waves in space-time



Note: this plot shows a one-dimensional motion (only vertical), not a two-dimensional projectile motion.

Velocity from the slope:

$$\frac{v}{c} = -\tan \alpha$$

$$\frac{v}{c} = -\frac{c\Delta t}{h} \quad \text{h cancels with } \Delta t = \frac{gh}{c^2}t$$

We reproduce the familiar result,

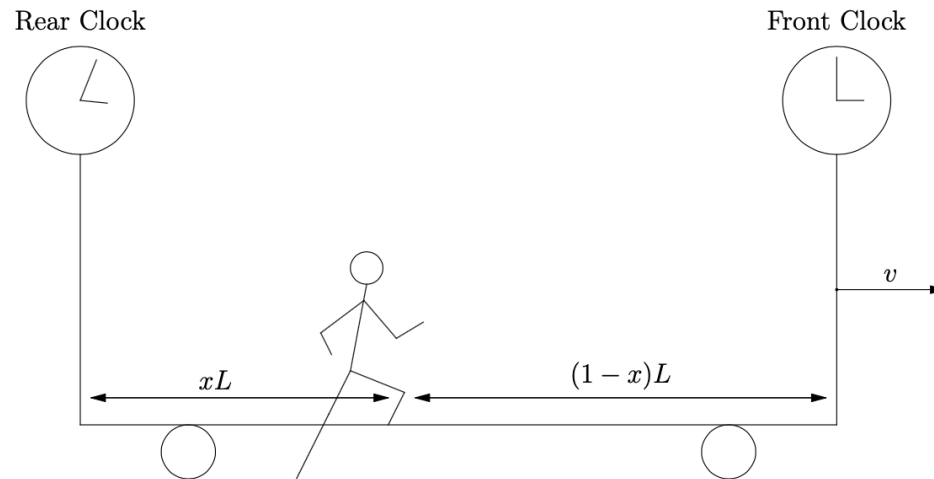
$$v = -gt$$

First described by William Wootters (2003)  
<https://doi.org/10.1023/A:1026052631476>

# Application: twin paradox (local version)

Rear clock  
is ahead by

$$\Delta t = \frac{Lv}{c^2}$$



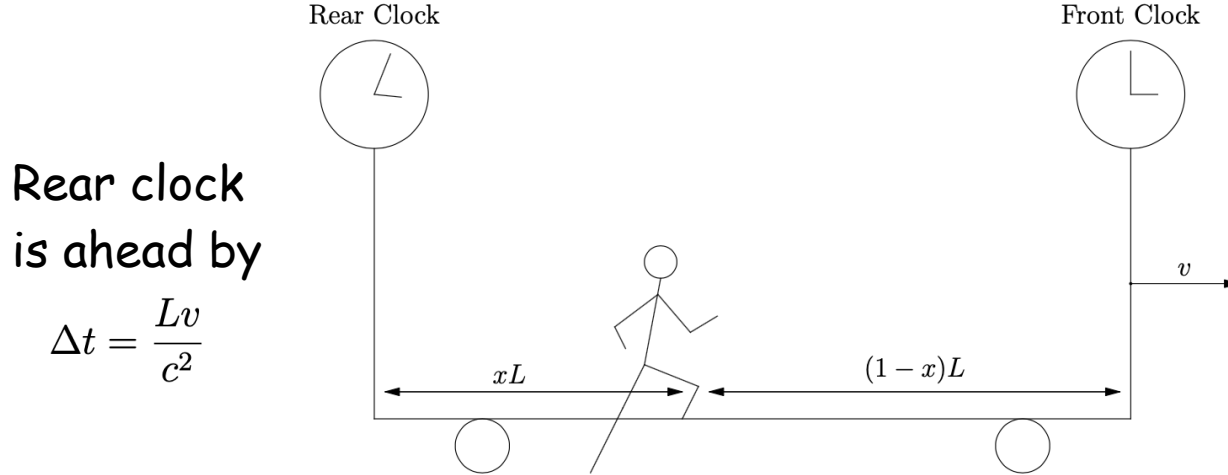
Clocks are synchronized in the train's frame.

Observer on the ground sees them out of synch.

What happens if the observer  
decides to get on the train?



# Application: twin paradox (local version)



duration of the spurt is  $t = v/g$  (here "g" is the average acceleration)

$$\Delta t_R = g x L t / c^2$$

$$\Delta t_F = g(1-x) L t / c^2$$

$$\Delta t = \Delta t_F + \Delta t_R = \frac{g L t}{c^2} = \frac{L v}{c^2}$$

After settling on the train,  
the observer sees both clocks  
show the same time.

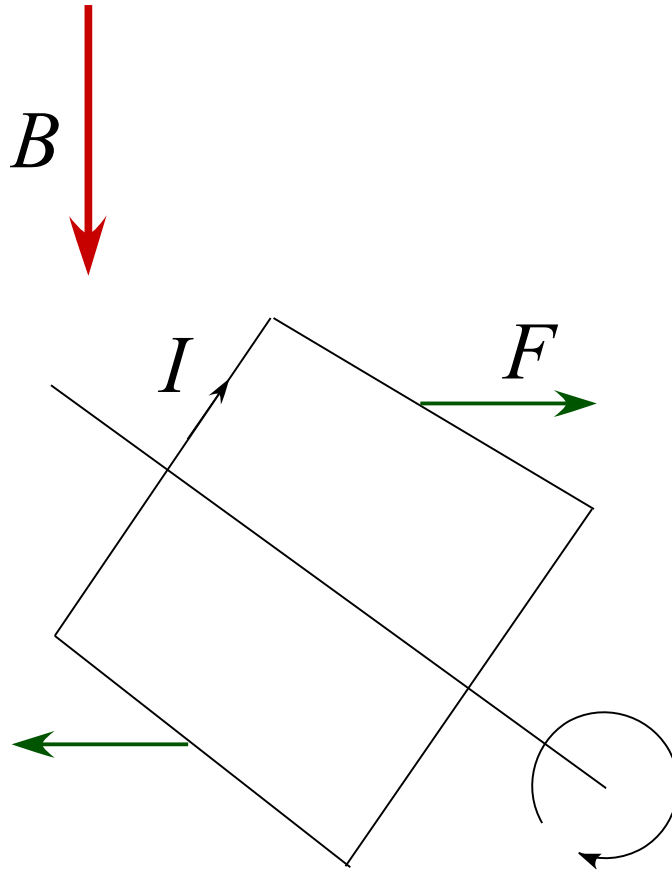
**Part 2/2:**

**Thomas precession**

# Magnetic moment

A loop with a current  
in a magnetic field:

torque acts along  
the axis

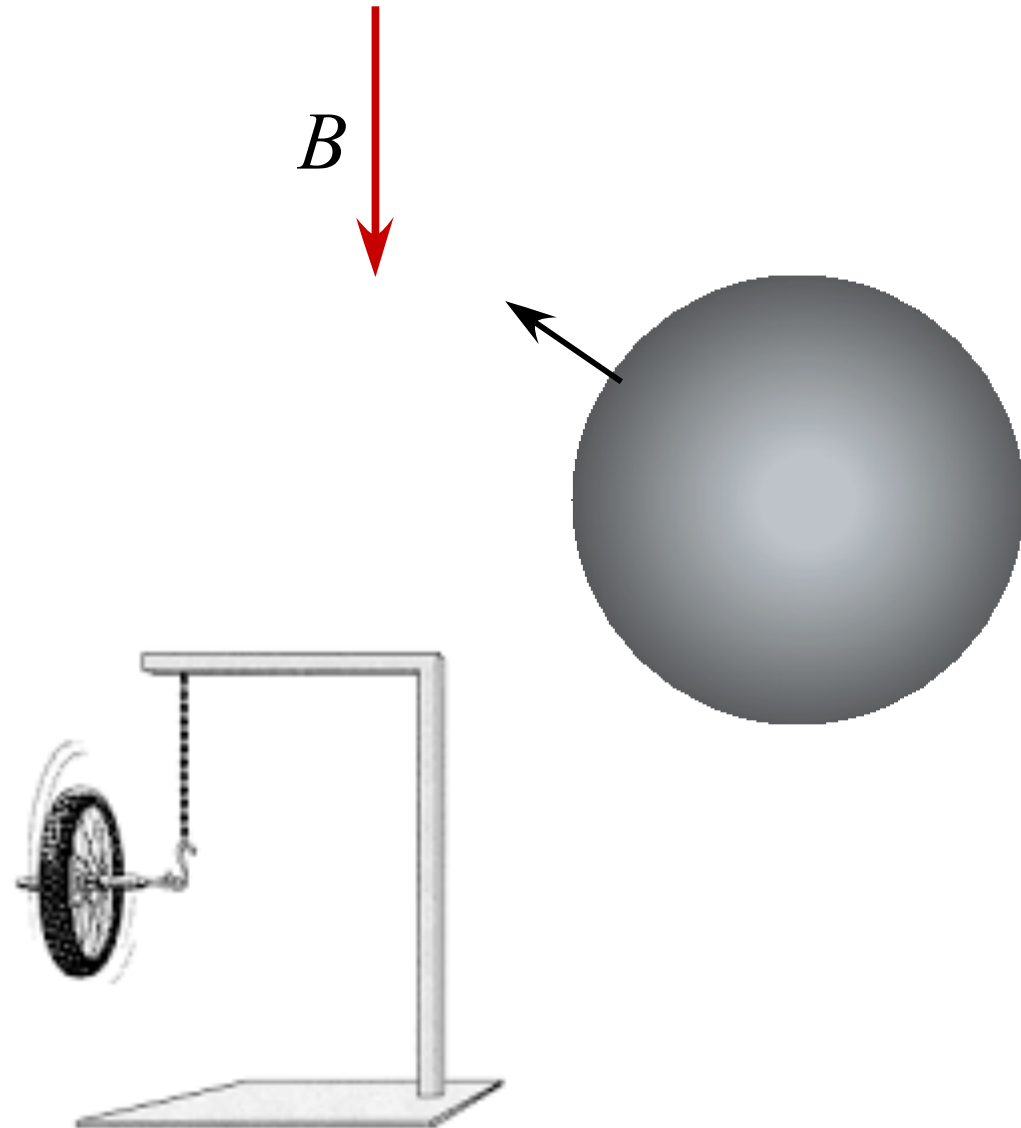


# What happens when a charged particle rotates?

Rotation of charges  
equivalent to currents;

Magnetic field exerts  
torque

Precession results



# Magnetic moments

Spinning charged particle: magnetic dipole

$$\vec{\mu} = g \frac{q}{2m} \vec{s}$$

For elementary fermions (electron, muon),

Dirac equation predicts

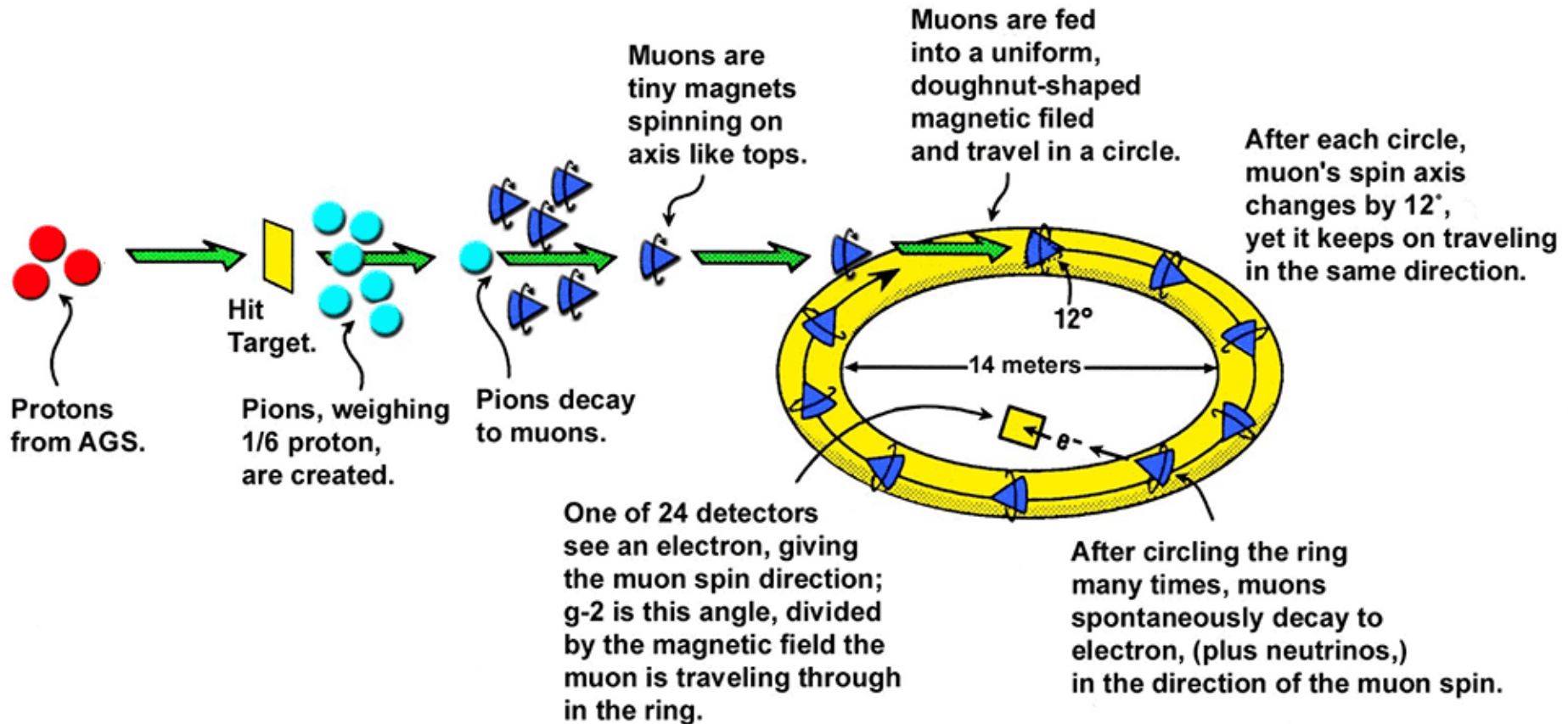
$$g = 2$$

This is a special value;  
if  $g$  were exactly 2,  
spin and velocity would stay parallel.

If no spin, only orbital angular momentum:  $g = 1$ .

# Thomas precession for muon $g-2$ : $g/2$ or $g-1$ ?

Muon  $g-2$  experiments: CERN / Brookhaven / Fermilab:



# Thomas precession: 2-1, not 2/2

## Precession of velocity and of spin

$$\frac{1}{v} \frac{dv}{dt} = \frac{qB}{\gamma m}$$

$$\frac{1}{s} \frac{ds}{dt} = \frac{qB}{m} \left( \frac{g}{2} - \frac{\gamma - 1}{\gamma} \right)$$

How can there be a g-independent term??


$$\frac{1}{s} \frac{ds}{dt} - \frac{1}{v} \frac{dv}{dt} = \frac{qB}{m} \left( \frac{g}{2} - 1 \right)$$

$$a = \frac{g}{2} - 1 = \frac{g-2}{2} \text{ anomalous magnetic moment}$$

# Thomas precession: 2-1, not 2/2

## Precession of velocity and of spin

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How can there be a g-independent term??

This is the Thomas precession.

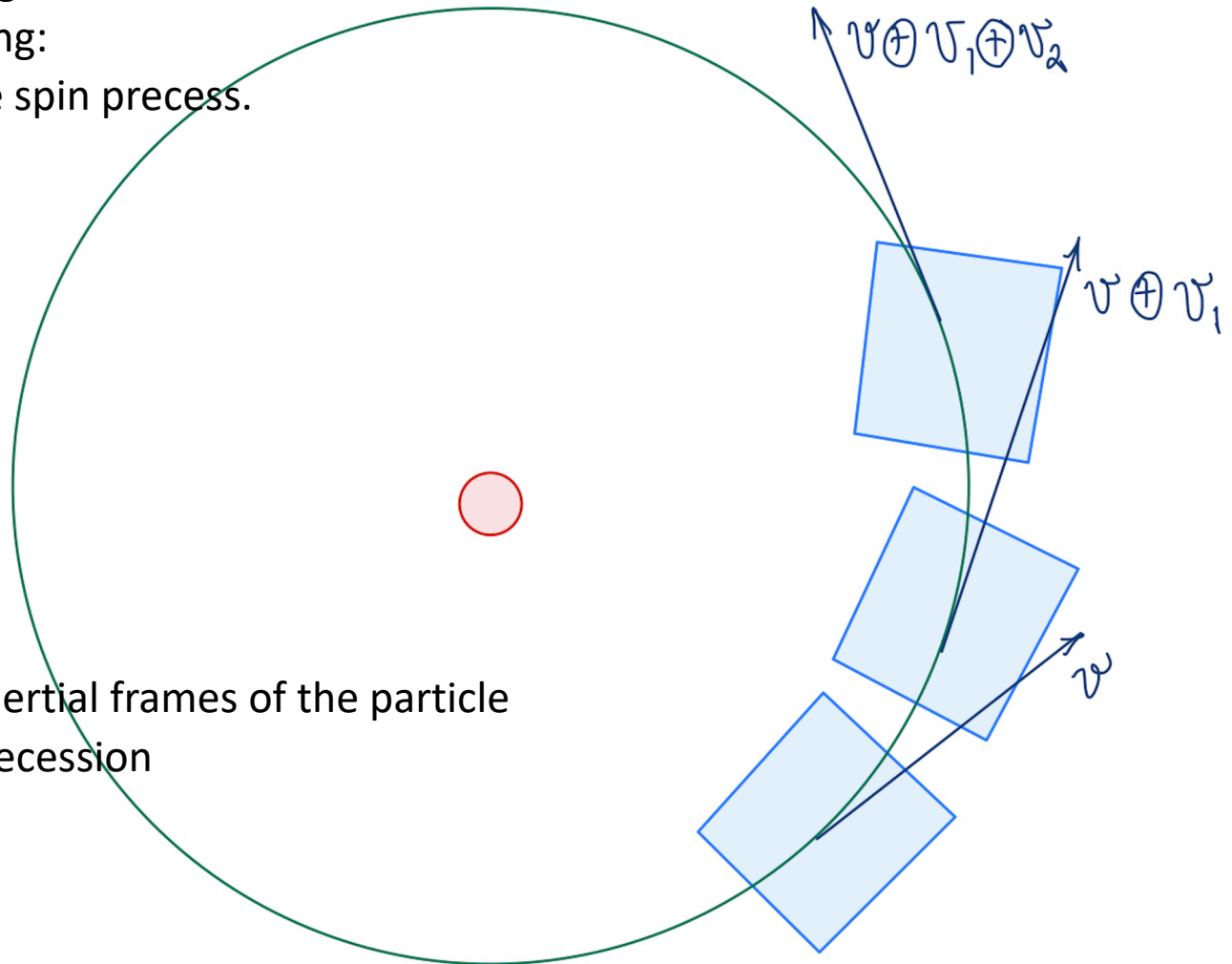
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# What is Thomas precession?

Spinning electron orbiting a nucleus,  
or a muon in a storage ring:  
both the velocity and the spin precess.



Subsequent co-moving inertial frames of the particle  
undergo a retro-grade precession

# Thomas precession: discovery



## THE THEORY OF RELATIVITY.

L. SILBERSTEIN, PH.D.

LECTURER IN NATURAL PHILOSOPHY AT THE UNIVERSITY OF ROME

1914

\* In four-dimensional language the case under consideration may be expressed as follows. Call  $\mathbf{t}$  the time-axis in Minkowski's world. Then  $L(\mathbf{v}_1)$  will be a rotation in the plane  $\mathbf{t}, \mathbf{v}_1$ ; similarly,  $L(\mathbf{v}_2)$  will be a rotation in the plane  $\mathbf{t}, \mathbf{v}_2$ . Now, if  $\mathbf{v}_2 \parallel \mathbf{v}_1$ , the resultant transformation  $L(\mathbf{v}_2)L(\mathbf{v}_1)$  will again be a rotation in the plane  $\mathbf{t}, \mathbf{v}_1$ . But if  $\mathbf{v}_1$  and  $\mathbf{v}_2$  are not parallel, the resultant four-dimensional rotation will also have a component 'round  $\mathbf{t}$ ,' *i.e.*  $L(\mathbf{v}_2)L(\mathbf{v}_1)$  will involve also a pure (three-dimensional) space-rotation.

169

Ludwik Silberstein (1872-1948) with Niels Bohr

Around the same time:

Borel; Foppl & Daniell; Fermi; Walker; de Sitter

see [Krivoruchenko, Успехи физических наук, 2009](#)

# Thomas precession: last discovery



**Thomas and Wallace J. Eckart,**  
Director of Watson Lab, at work

## PHILOSOPHICAL MAGAZINE AND JOURNAL OF SCIENCE.

[SEVENTH SERIES.]

JANUARY 1927.

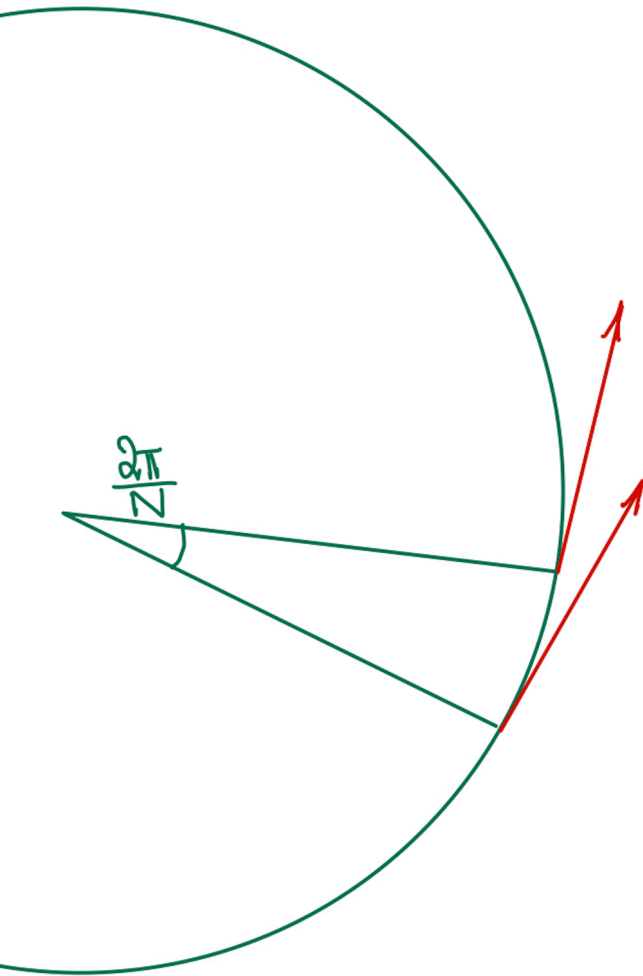
I. *The Kinematics of an Electron with an Axis.*  
By L. H. THOMAS, B.A., Trinity College, Cambridge\*.

Llewellyn Hilleth Thomas 1903-1992

# Thomas precession: elementary derivation

## Thomas precession: Where is the torque?

Richard A. Muller



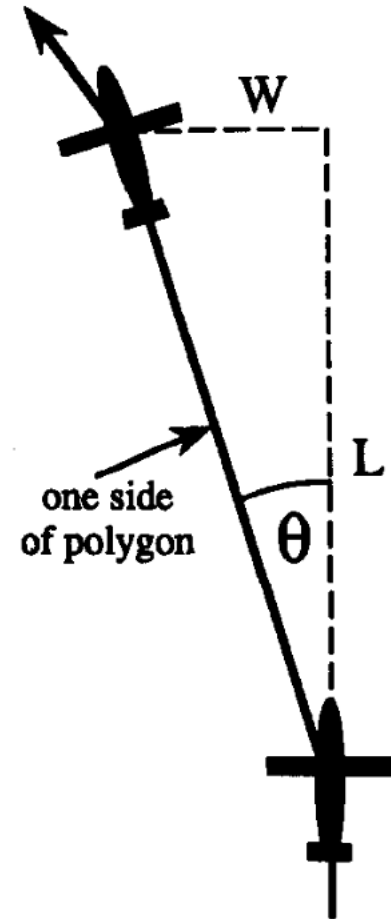
In the comoving frame of the airplane, longitudinal distances are contracted. In its rest frame, airplane rotates by a larger angle,

$$\theta' = \gamma \theta$$

$$\gamma = \frac{1}{\sqrt{1 - v^2}}$$

For the precession to have the same frequency as the velocity, the rest frame must be counter-rotating with

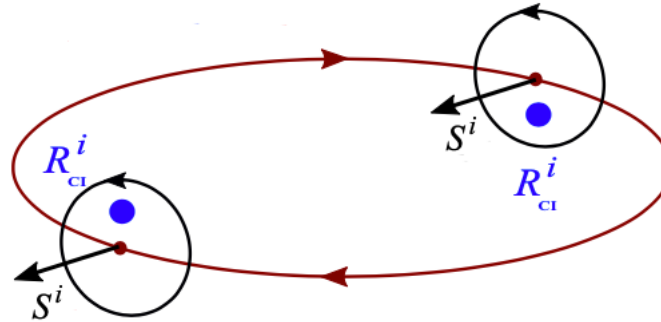
$$\omega_{\text{Thomas}} = (\gamma - 1)\omega$$



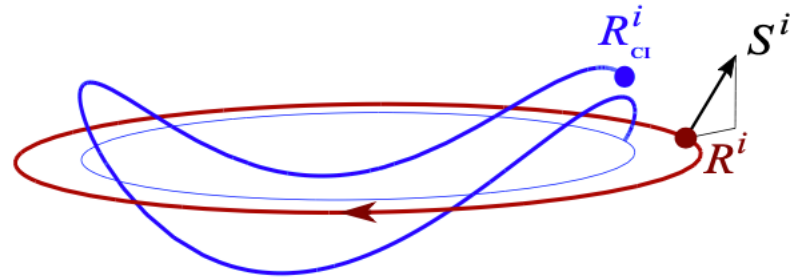
# Thomas precession: what happens with angular momentum?

work in progress with Andrei Zelnikov

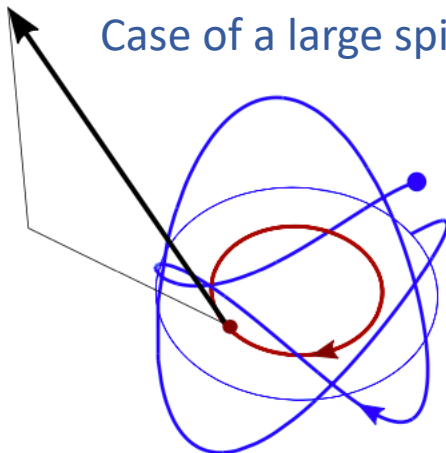
Displacement of the center of mass with respect to the center of inertia



Typical trajectory of the center of inertia



Case of a large spin



# Summary

- Free fall explained by the evolution rate of matter waves at various altitudes.
- Analogy: ocean waves near beaches.
- Take-home message: non-relativistic matter follows geodesics because of the phase evolution of its wave function.
- The role of the  $mc^2t$  term in the phase: discussed previously, Sagnac effect:

Am. J. Phys. **58** (7), July 1990

## **Relativistic aspects of nonrelativistic quantum mechanics**

Dennis Dieks<sup>a)</sup> and Gerard Nienhuis<sup>b)</sup>

- Thomas precession: not only does the spin precess but also the orbit is distorted;
- Hypothesis: chaotic effects may result for large spin